



## Jakob Lorber International Bulletin

Magazine in German, Dutch & English language for the searching human on his way to his own inner heaven, for those who want to come in contact with His creator and have a joyful mutual exchange about that.

February 2018 nr. 28

[www.zelfbeschouwing.info](http://www.zelfbeschouwing.info)

E-mail: [zelfbeschouwing@gmail.com](mailto:zelfbeschouwing@gmail.com)

Dear kindred spirit friends of Jakob Lorber and related servants as Emanuel Swedenborg, Gottfried Mayerhofer and further writers commissioned by our Lord Jesus. Be all greeted in the Lord. The new doctrine of Truth is reported to Jakob Lorber in a non-mediumistic way. This divine doctrine has existed for over 150 years in book form and was taught nearly 2000 years ago, to the students and the people of Jesus, in what was then Palestine. This "New Revelation" of Jesus - was revealed again in 1840 and by the Austrian writing-servant- or Prophet Jakob Lorber and many writings supplemented again. He received his information not on inspiration [trance] but he was in full consciousness dictated by the Lord Jesus Himself.

### INTROSPECTION– SELF EXAMINATION



#### Contacts and reactions

We received friendly and useful responses to the Jakob-Lorber-Bulletin Nr. 27. Reactions will be published to the incoming order again:



Gerard

The send copy [preferably between the 15th and 20th of a month] is processed in the next issue. Incoming copy **outside the specified dates** is then postponed and is probably included in the **subsequent publication**.

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**- We wish you a blissful enjoyment in reading-**

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### **Message from Günther from the Black Forest [Germany]**

Dear Gerd,

I would like to inform you about the gratifying progress on Wilfried's health: Wilfried will be holding his third half-day seminar "Prayer III", what Jesus tells us about that" on Sunday, February 11 via Skype. He also told me, with great joy, that he was practicing "stair climbing". Best regards to everyone.

Günter from the Schwarzwald.

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### **Maria K. from Germany**

Dear Mr. Huige,

I read that the account could not be opened. I made a transfer of € 50,00 on 18.12.2017. Maybe you can do something with this information. Thank you very much for the wonderful contributions in the Jakob Lorber Bulletin.

To Mr. Wilfried Schlätz I send the best wishes for recovery. I miss his lectures in Bietigheim-Bissingen, which took place quarterly in the "Großen Bären". We believe that he can hold this again.

Best blessing regards from Maria K.

### **Answer**

Dear Maria,

Many thanks for your financial contribution. There were some problems with opening my bank account number in December and January. The bank had made a change that did not come in handy. This problem has now been solved and everything

returned to normal. Thanks for your words of praise and care! I wish you God's blessing. Gerard



## Rudy Vercauteren from Belgium

Dear Gerard,

Thank you for the periodic sending of the newsletters.

In connection with the coming Apocalypse, I think I have heard and read several times that our era is 7 years behind the actual calendar. The Roman censuses[later the Gregorian] took place every 7 years and with the recognition of Christianity in the 4th century, one has calculated back to the birth of Jesus; however, one has been mistaken with 1 census, namely with the census which happened seven years later than when Jesus was born in Bethlehem. Actually, we are already in the year 2025 and not in 2018. The Apocalypse is therefore to be expected within 8 years at the most because Jesus is 33 years old.

Greetings and thanks again,  
Rudy Vercauteren (Belgium)

## Answer

Dear Rudy,

Thank you for your awareness. Indeed the Apocalypse is to be expected between 2018 and 2025, so the intended 8 years according to your calculation. Of course, we have taken this into account because Jesus spoke these words about the year 27 AD. [Roman time] However, there may still be a gap of one or two years in between. [free-will of humanity]. In general, the apocalypse will take place until the 'measure' is full. At that time Jesus was talking about this with His disciples, that all this will happen within 2000 years. We are now definitely living in this final phase and it will not really take that long anymore! ... Gerard

## IN THE FOOTSTEPS VAN JESUS

And again revealed to Jakob Lorber  
By Helmut uit Oostenrijk

The Lord: `.... [7] There was, however, along the low mountains that bordered the lake, to the west a large herd of pigs, belonging to the Gadarenes; for these people, which mostly were Greeks, ate the meat of these animals and traded with them, mainly with Greece. (Matt.8,30) [8] When the evil spirits saw these pigs they asked Me if I would give them permission to go into this flock. (Matt 8.31)

[9] And when I allowed them, for secret reasons hidden from the world, the devils went straight into the two thousand pigs. [10] As soon as the devils had entered the pigs, these

animals ran up a mountain which ended with a great cliff jutting into the sea, and from that cliff, which protruded about three hundred yards above the sea, all two thousand pigs fell like a tornado in the sea, which was very deep at that point. (Matt 8.32) - GGJ. 1/104 / 7-10

It is, however, the easiest findable place that is mentioned here, and that is the 'eye-catching' strong protruding rock. On the entire shore of the Sea of Galilee, the sea of Kinnereth, there is neither western nor at the concrete east coast, a second similar striking rock face. The road of the seashore immediately leads past this almost devilish looking rock. Today his height is only not more than around 30 meters. The road along the lake runs straight up along this 'structure' and then runs down again. Over the past 2,000 years, loose stones have rolled through to the approximately 40 meters deeper sea level of the lake.

The past 2000 years have created a boulder cone here to the approx. 40 meters lower lying lake level ranges.



Photographed by Gerard © copyright JLBI 02-2018

View of the Sea of Galilee from the rocks, where 2000 years ago 2000 pigs jumped in the lake in the area of Gardara [that is the current Ramoth]

Perceiving this perpendicular rock, Gerard spoke strongly in a youthful way: "I'm going to climb up there!" And he tried sideways at a not so steep spot. But soon, two figures were slipping back downhill, using legs, stomach, fingers and also with fingernails, half-way we controlled ourselves sliding down ....

There had to be a better way to climb anyway, because the Gardarener had not clattered as real mountain climbers with their piglets around there and we have undoubtedly followed the idea of a crazy man.

So we went around the rock wall and step by step climbed the slightly less steep slope. However, we experienced this as very intensive, at 34 degrees Celsius in the shadow, and besides, there was no shadow to be seen far and wide.

It was not due to the light weight of the backpack, which contained only a bottle of water, some bread and a grapefruit. It was our collective 147 years of life that weighed so heavily and squeezed so hard...

On top of the high cliff, a further glimpse of the big lake offered itself; opposite of it was Tiberias, on the right the mountain Arbel, the mountain of the glorification of Jesus and further up the sea, the former great inlet - today covered with banana and grapefruit plantations. In the distant background were the high mountains of Northern Galilee. A memorable panorama and area that also pleased the Son of Jesus, as the bearer of the Spirit of God.



Photographed by Gerard © copyright JLBI 02-2018

View from the rock [about 40 m. Height] of the crashing pigs in the Sea of Galilee, 2000 years ago; at the time this rock was much higher and the lake below was also about 30 meters higher!

From above the rock, the slightly stony plain extended more and more up to the top and further up to the heights of the Golan Mountains. What moved up there, inevitably landed at the foot of this rock. Because over a period of 2,000 years, 4 meters of loose stones had been deposited in the course of hundreds of years, below the once so sure 100 meters high rock.

Now, from there, we first saw how things stood. Had we left this huge rock complex to the left, we would have encountered a large, but moderately rising basin( valley). So there was the meadow of the pigs of the Gardareners! The Golan soon lost height here and turned into a slightly hilly terrain with far-looking, equal plains, large enough for keeping 2000 pigs. The usurious residents of Gardera lived a lot further away from their stinking cattle, in the area of the current town of Ramoth, 2 kilometers from the lake inland



Photographed by Gerard © copyright JLBI 02-2018

On the other side of the lake we see Tiberias in the distance - it was also sultry weather again in October - the lake was about 30 meters higher 2000 years ago! Today she is 214 meters below sea level.

Also Jesus and the pupils had not been directly on the site of the pigs, but a piece at the sea further up in the country where they found the two possessed men, who lived in the hills, together with the villagers.

The exorcism of the demons from the two unfortunate men had led the flight of the pigs from the valley plain upwards towards the lake to the rocky ridges, which we two tourists had climbed panting.

**Additional note:**

In the New Revelation we also experience that Satan had a greater freedom in his evil works at that time, for first he placed a barrage of the sacrificial death of the Lamb of God. Today the seducer works much more subtle: Men marry men, women with women, and the zeitgeist applauds with such praiseworthy tolerance. Of course, that one can no longer accept such an intolerant God, these commandments are outdated today and are no longer recognized as contemporary.

The 'marriage for everyone' will prove itself as a door-opener for the 'marriage with a third party!' The pseudo-argument for this is already known: why not, when they express love to each other ... The human mind is the only valid light of this end-time, an illumination to which the great mass of the educated humanity celebrates. On this, "the Lord says to us: that what people see for light is so dark and spiritless, how deep can the real darkness of the people be!

## Minor objections to the Jesus-work via JL.

By Wilfried Schätz  
[Editorial shortened]

Why should the knowledge of the work go on via JL, as that of the theologians? Because the work via JL does not come from the subjective mind of JL, but literally comes directly from the real Jesus! Therefore, the knowledge according to the work of Jesus via JL goes on endlessly beyond the knowledge of the mind of all theologians and all scientists!

The work by JL is not a science in contrast to scientific theology. The work of Jesus via JL is not a science of the mind, but a direct Revelation of the real Jesus. The theological mind, for example, says with Rudolf Bultmann: "The miracles of the New Testament are done as miracles!". Because the theological mind also says: "Everything that people cannot do, Jesus could not do also because Jesus was only human". In truth, Jesus possessed all power and authority in heaven and on earth. (Matthew 28:18) Because in Him the whole fullness of the Deity lives in bodily form. (Col 2: 9). Therefore, Jesus was able to preform all the miracles that are reported in the NT of Him: He could walk on the water and above all, rearrange the protons, neutrons and electrons of the atmospheric oxygen in any other elements and put other molecules together ...

The theologians do not know the work via JL at all! Why is the work via JL not known by the Classical Theology? The theologians still do not know JL's work of Jesus in their studies, although it has been treated in Hütten's work: "Seers, Brooders, Enthusiasts" for many years.

Meanwhile, there are now several doctors-works on the work by JL or on JL himself. There are many websites on the internet about JL's work, both acknowledging and rejecting and contradicting. Until now, the New Revelations given to Jakob Lorber [JL] were hushed up. The better known the work of Jesus through JL will be, the more it will be fought. But it is precisely because of this that more and more people will be aware of it, so that the discussion between the work of Jesus via JL with all theologians as well as with all sciences will only then be fully blazed.

The Vatican already owns the entire work of JL, but rejects it and has put it on the then list of banned books. Today, the Vatican says that JL is a false prophet because Jesus, through JL, repeatedly says that Peter never visited Rome, but died a martyr's death in Baghdad. But if the real Jesus expressly reveals through JL that Peter was never in Rome, but died a martyr's death in Baghdad, then Peter was never the first pope and never founded the papacy! So the Vatican would have to reveal itself if it would recognize the work of Jesus via JL, especially since the real Jesus also gave back the lost letter of the apostle Paul to the Laodiceans via JL gave back the Christianity , the letter in which Paul severely rejects every ceremonial church.



Access to the secret library at the Vatican in Rome.

The New Revelation via JL is His new and pure teaching from the Heavens. In the centuries to come, all Christian theologians from the time of Jesus to the present will be reviewed to see whether or not they are in accordance with the original teaching of Jesus as it was given to humanity by the true Jesus via JL.

Until now, the few friends of the New Revelations via JL have not organized themselves as an association or as a new church. Most of them are and remain members of the Christian church, into which they were included from the beginning. [Birth-church] But many of today's friends of the NR [New Revelation] via JL have been searching for a long time, had withdrawn from the birth church or were a member of a Christian sect or sought salvation in other religions, until they finally found the goal of their years of searching in the NR .

Because of the following words from the true Jesus via JL, some have returned to their birth church (nativity): If the friends of the NR via JL will begin to establish one or more formal Lorber churches one day, then they are acting against the will of the real Jesus, like the early Christians when they started to found churches and sects! In Germany there is indeed a Lorber-society such as a Jakob-Lorber sponsorship, but with very few members,only to be able to coordinate donations as charitable.

Why is a new revelation of Jesus needed by JL? We have the Bible, which is quite sufficient. If there was only one Christian church based on a single biblical interpretation that is exactly in line with Jesus' original teaching, then no New Revelation of Jesus would be needed. But besides the Roman Catholic Church, there is also a Greek Orthodox and a Russian Orthodox Church, an Anglican Church and many Protestant and Free Churches, as well as numerous Christian sects: Jehovah's Witnesses, Mormons, Adventists, New Apostolic,

Christian Sciences with hundreds of types of theology and Bible explanations such as theologically colored Bible translations, and all mutually combating!

Which seeker must find the original teachings of Jesus in these intermingled things? In this Christian chaos, it was urgent that the real Jesus via JL revealed His original teaching new and pure again!



But at the end of the Bible it says: [Revelation of John 22:18] For I testify to everyone who hears the words of the prophecy in this book: If anyone adds something thing, God will put upon him the plagues that are written in this book. "

So, with the Bible, the revelation of God is finally completed. Since JL has only added a lot to the Bible, he and his followers will meet all these plagues! So whoever believes in the works via JL will, like JL himself, be condemned forever by God.

Since the today's bible was in the third century after Christ composed first in more than 60 individual little books by a church council decision. This warning before adding something does not involve the much later composed Bible which we know today completely, but only specifically refers to the Revelation of John, because at that time there was no today's Bible, but only the separate parts of the today's Bible! Only those who add or remove something specific to the revelation of John, are threatened by the described plagues that are mentioned in the Revelation Of John!

In addition, the evangelist and favorite disciple John says at the conclusion of his biblical Gospel of John, that Jesus has spoken (and done) much more than was written in the NT, and that the humankind of that time (until today!) does not grasp the books and would not understand that what still has to be written. But now, after 2000 years, mankind has come to grasp and understand all these books about the many other speeches and deeds of Jesus that then, at the time would have to be written! Therefore, the true Jesus via JL has revealed everything in the main work, "The Gospel of John," exactly what He has said and done in all his three years of teaching (and in exact chronological order), because humanity urgently needs the New and pure Teachings of the Heavens, in this time of the present Christian chaos of churches, sects and warring theologies!

The real Jesus reveals via JL, that God of Himself has never condemned or even eternally damned one of His children (for even the evelest devils are ultimately the children of their Heavenly Father Jesus), for God, Jesus, is the infinite love Himself. Therefore, if he wants to live voluntarily, according to the principles of hell (selfishness, arrogance and domination), he can condemn himself only for so long as he does not voluntarily wants to live according to the principles of heaven (love for Jesus and love for neighbor and true Humility)!

Why does God choose a so-called "writing-servant" JL, who will largely remain unknown to humanity? Until now, the real work of Jesus was hushed up by JL. Now that it has become better known through the media and the Internet, it is being more and more contested and thus become much better known. But if the consequences of our own climate change become ever stronger and there will be a global shortage of food, then the people around the world will, in their own need reach for the New Revelations via JL that through today's media and, above all through the Internet is already available to all humanity today.

The real Jesus through JL foretold a worldwide expansion of His Works through JL:

Jesus via JL in GGJ.09\_094,02-8: 'At My second coming, I will not be born again as a child from a woman; for this body continues to be glorified, as I in spirit forever, and therefore I never need a second body as you had in mind. "

The claim that no one has ever returned from the spiritual world is incorrect. Countless near-death experiences of souls who had already left their bodies and had come together in the hereafter side with relatives and with Jesus Himself and then returned to their earthly physical body through resuscitation exists; but they are by all means denied and opposed by their doubtful mind.

Above all, Jesus Himself, after His resurrection, has returned from the hereafter in a material auxiliary body and appeared visibly physically and tangibly personal to all the disciples, but this doubtful mind-understanding does not want to believe it! Therefore, everything depends on the overcoming of the doubting mind, as it follows from the following words of the true Jesus by JL.

## What does a man need from food products from the biblical vision?

We pray: "Give us daily bread!" And bread is "manna" from heaven. We have to earn our 'bread'. One deserves a 'better' sandwich than anyone else. In earning I emphasize 'serve'. According to Jeremiah 37:21, prisoners in the prophets period only got bread. In warm countries, bread has to be freshly baked every day. In the biblical time period, wheat and barley bread were certainly known. We read an example of whole-meal bread in Ezekiel 4: 1-17. Ezekiel had to live on six important products: wheat, barley, beans, lentils, millet and spelled.

You can make bread of these six grains and it would reduce or counteract diabetes, colon cancer, heart attack and blood vessel disease. Bread must not be old, certainly not older than two days. Barley contains Phyto-estrogenic substances and phenolic acids, which prevent harmful oxidation substances sticking to the arterial walls.

Jesus nursed the large crowd with **barley bread** [John 6: 1-15]. Beans and lentils ensure a stable sugar content, **oatmeal** too. In the proteins of millet some amino acids are missing, but these can be obtained with egg, cottage cheese or goat's cheese. Much whole-meal bread, vegetables and also a lot of fruit can be found in the Jewish food plan. Meat much less and **never fat meat** according to Lev.7: 25. Biblical food tends more towards the vegetarian; people ate much more fish than meat in the period of Jesus. Bitter herbs such as dandelion, lettuce or endive and chicory are recommended in Exodus 12:8.



In Acts 10, Peter goes up the roof around the sixth hour to pray. But he got a craving for food. While a meal was being prepared he had a vision in the meantime. He saw that the heaven was open and **that something that looked like a large linen sheet was lowered to the four points on the earth. There were all kinds of four-footed and crawling animals** \* of the earth and the birds from heaven. Then a voice said to him, "Get up, Peter, slaughter and eat!" But Peter said, "Absolutely not, Lord, for I have never eaten anything unholy and unclean."

The voice spoke again to him, now for the second time: **"You can no longer call the things that God has purified unclean."** This happened a third time, and then it was immediately taken up into the heaven again.

[GH.03\_64.03.22.a, 15] Even Peter felt compelled, even before he left Jerusalem, where he usually lived in the house of Lazarus or in the house of Nicodemus or that of Joseph of Arimathea, to hold a so-called church meeting in Jerusalem, in which he prescribed to this church what they had to strictly observe as still partly Jews and partly as Christians – the church meeting which by the evangelist Luke also briefly is mentioned and also bore little fruit, - about which Paul at a meeting made sharp reproaches to Peter, because he still wanted to be a Jew with the Jews and put too great an emphasis on their regulations that I lifted up, and troubled the conscience of the Jews believing in Me - if, however, he was only among the heathen, He shamed the customs and habits that I lifted and chose their side.

[GH. 03\_64.03.22.a, 16] For this reason I told him [Peter] Myself that he should go to the Roman superior Cornelius, because he wished to baptize him and his whole family in My name and thereby enable them to come to Me in My spirit, as working in them.

[GH.03\_64.03.22.a, 17] Peter went, and when he arrived at the house of Cornelius, that stood in the middle of a large garden, he got very hungry, and he asked Me if I wanted also physically strengthen him for his imminent task. And behold, I sended visible before Peter an angel from heaven, who brought food wrapped in a white cloth, the consumption of which was forbidden to the Jews. Peter said when he looked at the food: Lord! These are only for the Jews forbidden unclean food, how can I take them to me? - But I said to him: "What I have purified is also pure for the Jews. Eat it therefore and then start to do what you have been told! "

Peter then ate the unclean food and then went to Cornelius, where he was again displeased to Me because I had by then completed the baptism of Cornelius and his family and Peter found them all in the possession of the Holy Spirit.

[Editorial: This story thus took place in Caesarea near Tiberias, a village near the Sea of Galilee, just a bit to the west of Tiberias and Peter, who had been spending some time at the sea of Galilee was summoned to Cornelius, who was lieutenant colonel of the Romans Cornelius and Cyrenius were involved to help the holy families of Joseph and Mary with the child Jesus fleeing to Egypt. His girlfriend Salome from Bethlehem, who was the midwife of the Child Jesus, was also involved!] - because they now had a family, which is also apparent from the Bible text in Acts.]

## Sleep 1/60 part of the death.

Jesus often says in the Lorber-writings: "I will only watch here now! For the Lord may not sleep or rest; for the sleep and the complete rest would be the beings death and destruction! For if the whole world is asleep, yet the Lord still keeps watch and receives all beings!" - 2,000 years ago, as in the Bible, Jesus frequently gave directions to His disciples and the people in Palestine and said: "The deceased is only asleep!"

At Lorber, Judas Ischariot says: "Lord, if that is the case, then a man should avoid sleeping like the plague, because during sleep a number of life forces still rest, even if they are external!" [GGJ.01\_220.12]

[13] Jesus answers: 'Certainly! That is why long sleepers will never reach a particularly great age. Whoever grants his body 5 hours of sleep in his youth and 6 hours as an adult will usually reach a high age and retain a youthful appearance for a long time, while a long-sleeper will soon age, gets a lined face and gray hairs and walks around like a shadow.

[14] And just as the body gradually dies through too much sleep, in the same way, but on a larger scale this applies to the soul if it increasingly neglects to be busy according to My Word and will.

Soft beds make people soft and take away the necessary strength of their limbs, and a too long sleep weakens the soul and the muscles of the body. The nature of a person is like an infant whom nothing feeds as well as the mother's breast; and those children who received food from the breast of the strong mother for a long time – assuming that she is as healthy and unspoilt as Eve – become as strong as giants and the battle with a lion will not tire them out. . [GGJ. 03\_211,06]

Cyrenius asks [GGJ.4-54: 4]: "But what is the sleep than actually? How and what causes it?" [5] I say: "Do you have to know that? Well then, if you are determined to know it, I will have to tell you, so listen! ... etc. - [1] (THE LORD ) "Humanity is now buried in an extremely dark night and sleeps a sleep of the dead, all their knowledge is a vain dream, and no one knows how to tell the other how it is ..." [GGJ.05\_118,01]

Note: The Hebrew word for horse is, **Soes' σωσ [60-6-60 =visual 666]** and according to Swedenborg [from the doctrine of agreements] the horse stands for the intellect of thought, that is, our intellectual thinking [from the intelligence quote!] also dies when dying. According to Swedenborg, the number six stands for the physical mind as a catalyst [6 is only a connecting sign in Hebrew], but certainly not for the wisdom thinking from the heart! That is why riders thus have a connection, that is to say, sitting high on the horse also means an analogous increase in intellectual thinking!] - which is often observed.

Also the serpent [Hebrew letter for Samech with its corresponding 15th letter and number 60 [10 x 6!] Means, highly intelligent 'and, very cunning' from the sensual life in every relationship to the animal world!]. In Jakob Lorber it is said that the dream is 1/6 part of the prophecy, but also 1/60 part of the sleep of death; that means here 60 x the sleep. Accordingly, it means exactly that, after dying, man will become 60 times stronger "awake". Thus the consciousness on the other side will be 60 times stronger in all things, so also in the conscious knowledge 60 times stronger, such as 60 times stronger know how his friends, acquaintances and family are. 60 times stronger knows how he himself is! The Emmaus goers are the truth-goers. [Hebr. E-meth τρα = Truth]

Says Jesus to L.C.: "When the body itches sometimes, be happy and remember that I am doing that and I will show you that I make your body completely healthy and it starts to get healthy in your veins. Were you in the evening cold before bedtime and do not lie on your back - and remember, that I put your body in order, and the urge will therefore also go away at the same time '... [Gifts from Heaven.03\_56.08.11,05]

**The Bible:** Sleep is a natural compulsion. The night is only created for sleep. Alone with God, there is no sleep for behold, It is dormant and the Keeper of Israel does not sleep. [Psalm 121: 4]. Abraham usually got up early in the morning. [Genesis 22: 3] King David had sung, "I want to awaken the dawn!" [Psalm 57: 9]. See also Psalm 17:15. In any case, during the daytime one should not sleep longer than a horse does, i.e. a horse has 60 breaths per half hour. A traveler in Arabia once observed that 60 breaths of a horse lasted more than half an hour. The Apostle Paul admonishes the inhabitants of Corinth: Let us prove that we as servants of God keep watch in the work and in fasting; and Paul was even in danger, in the work, much awake and fasted a lot. [2 Ko.6: 5] Job complains, "I turn enough to dusk!" [Job 7: 4] The sleep and dream are a good sign for the sick person, and if he sleeps, then it will go much better with him.. [Joh.11: 12]

**Talmudic Medicine:**, Sleep and death are in principle indistinguishable from each other, they differ only in degree, especially when the separate organs among themselves function weaker; but sleep is only 1/60 part of the death, it is, as it were, a premature fallen unripe fruit, and that compared to the ripe fruit, the death. The deepest [dead-resembling] sleep is the Thardemah Marmitha. Sleep affects the stomach; because fatigue after the hot meal is a well-known phenomenon. Only moderate food brings a healthy sleep '.



All beings are sleeping, whether they are people or animals

**Hildegard von Bingen:** The bone marrow of man grows during sleep. For when man sleeps, his bone marrow is rebuilt and grows, and when he wakes, it reduces and attenuates it somewhat, as the moon grows during washing (waxing moon) and decreases when it goes down (waning moon) and like the roots of the plants have the power in them to grow in the winter which in the summer shoot to flowers. For if the bone marrow is tired or weakened of working, then man is often overwhelmed and easily falls asleep, whether he is standing or sitting or lying because his soul is aware of this need of his body. For while the bone marrow is weakened and exhausted from waking, the forces of the soul soon awaken a very gentle and pleasant wind from the bone marrow. It runs through the veins of the neck and the entire neck of the human being, pulls to the temples and occupies the veins of the head. In this way he suppresses the vivid blowing wind of the human being, so that that person is there as someone who no longer feels his body, is not aware of it and can no longer possess it. Nor is he aware of his reason, his thoughts, or his senses. Only his soul sends in and out the breath of life, just as it does to a waking man. It sustains it both in dormant and in waking state because it is both in man while he is asleep and while he is awake. That is how man, as mentioned, falls asleep. Then the soul of that human being lets with its unified forces the bone marrow of that human being grow and strengthens it and by means of the bone marrow, she strengthens the bones and makes the blood clot. She brings warmth into the body and puts the individual limbs together. It widens the wisdom and knowledge in that person through a cheerful life. Thus man, while sleeping, has a greater internal heat than when he wakes, because when a man wakes, his bone marrow becomes diluted, fluid and cloudy. But if he sleeps, on the other hand, his bone marrow burns because it grows, becomes fat and turns white.

In the Great Gospel of John [Lorber] 5-169, the Lord emphasizes: that if we humans would use a different location on the bedstead with our night's rest, we could live about 30% longer.  
**In the next bulletin a little more about that!**

**Sources:** Jakob Lorber listed Writings - Biblical-Talmudic Medizin, Hildegard von Bingen [Causae and Curae] - see also below Moon & Earth [part 01\_062,17]

### What can you expect in the next Bulletin?

Continuation about the place of Genezareth.....

Why do we say: 'one' say this and that about.....

Swedenborg spoke with the Spiritual world.....

You can deposit your appreciated contribution at the following account number:

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